

**HEALTH TECHNOLOGY QUESTIONNAIRE (HTQ)**

Please rate the following reasons for not using the system on a scale of 1 to 5.

I did not use the system because:

1- There were major disruptions in my life.	1 Not at all	2	3	4	5 A lot
2- I was travelling.	1 Not at all	2	3	4	5 A lot
3- I was very busy.	1 Not at all	2	3	4	5 A lot
4- A program like this is not right for me.	1 Not at all	2	3	4	5 A lot
5- I forgot.	1 Not at all	2	3	4	5 A lot

**HEALTH TECHNOLOGY QUESTIONNAIRE (HTQ)**

Please rate the following reasons for not using the system on a scale of 1 to 5.

I did not use the system because:

6- I lost the Users' Guide (Manual) that had the system's contact information.	1 Not at all	2	3	4	5 A lot
7- I was not motivated enough to use the system.	1 Not at all	2	3	4	5 A lot
8- This health issue is not important to me.	1 Not at all	2	3	4	5 A lot
9- I had problems getting access to the system.	1 Not at all	2	3	4	5 A lot